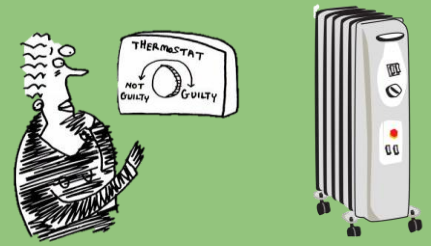




# Energy Conservation

Saving energy is good for the environment. It's also a good way to save money on your utility bills each month.

# No Cost Energy Saving Tips for Winter

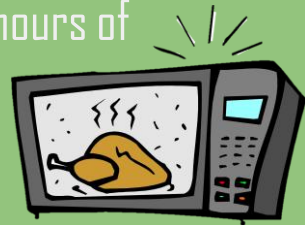


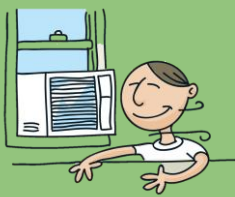
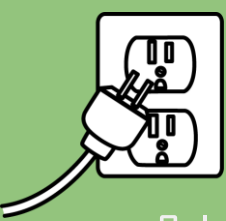
- During cold weather months, set your heater to 68 degrees or lower while you are home, and no more than 58 degrees when you leave the house.
- Close your curtains or window shades to keep the warm air in during the winter.

# No Cost Energy Saving Tips for Summer



- In the summer, avoid using the oven. Use the stovetop or microwave instead.
- Some chores will make your home warmer, like cooking and laundry. Wait until cooler hours of the day to do the task.





# Daily Tips



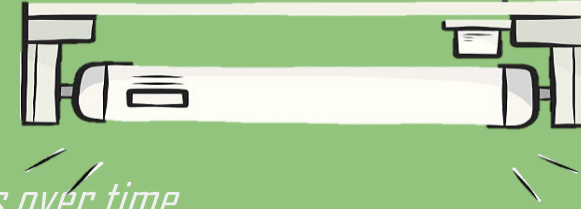
- Only turn on lights that you really need. Do not leave lights on the rooms that you are not using.
- Air dry your clothes. Avoid using the dryer and hang clothes in the fresh air.
- If you use an air conditioner, make sure the vents are clean and that those that go to the outside are not blocked by plants or debris.
- Take shorter showers. This will cut down on the amount of water you use as well as the heating costs.
- Unplug small appliances when you are not using them.
- Wait until you have a full load before using the dishwasher or washing machine.



# Low cost tips

*Trying these tips may cost a little but they will save you more energy costs over time.*

- Gaps around windows and doors can let cold air inside, causing you to spend more in heating costs. Use low cost caulk from a hardware store to fill the gaps.
- Buy a water heater jacket to help prevent heat loss.
- Energy saving showerheads will help you save on hot water cost.
- Replace your light bulbs with fluorescent bulbs because they last ten times longer and use one-fourth the amount of energy as incandescent light bulbs.
- In warm weather, cover your windows during the day to block the sun, and open your windows in the evening to let cool air inside.



# Contact your local CHANGES organization for assistance:

Your CHANGES organization can check your bills, help you fill out paperwork, talk to the utility company for you, and answer your questions and or/concerns.



Delhi Center

505 E. Central Ave.

Santa Ana, CA 92707

(714) 481-9600



Changes is a program of the California Public

Utilities Commission - <http://www.cpuc.ca.gov/>

# Questions?



**For any questions contact your local CHANGES  
organization for assistance:**

**(714)481-9600**

**Thank you !**

**Created by: Natalie Picazo 2018**